

Islamabad Medical & Dental College



Vision, Mission and Objectives

- **Vision & Mission Statement**

Islamabad Medical & Dental College as an organization has the vision of

- ✓ **Learning with creativity and dedication**
- ✓ **Healing with quality and compassion**
- ✓ **Discovering with imagination and innovation**

Office of Student life (OSL) being the active contributor also stands on the same vision. But in particular the Office of Student life (OSL) Team has the vision

"To produce leaders by defining the roadmap for participants, channelizing their potential, providing opportunities with resources and transforming talent into eminence"

- **Mission of Team OSL:**

"Office of Student life (OSL) life fosters a campus community that supports students in the development of their unique potential, inspiring them to be active learners, successful graduates and engaged global citizens."

- **Objectives:**

By optimum utilization of resources and energies, Office of Student life (OSL) is committed to achieve its objectives that are inclined exclusively with the vision and mission of Islamabad Medical & Dental College. This policy document attempts to directly address the following objectives,

1. To provide a platform for personal and professional development of participants from various disciplines of study in the areas of Arts and Culture, Media, Entertainment, Dramatics, Social Welfare, Debating and literature, Sports and Adventure
2. To empower participants by vesting trust in them and providing numerous opportunities for exhibiting their talents through organization of creative and innovative activities/events by trust
3. To nurture a variety of capabilities in participants which involve interpersonal skills, leadership and management skills, ethical conduct, creativity, critical decision making, multi-tasking, problem solving skills, sense of accountability
4. To provide participants the opportunity to represent university at different forums and interact with corporate sector in order to groom their professional conduct and widen the span of public relations
5. To train participants for professional life, inculcating in them the understanding and responsibility of the operations of an organization in the form of clubs and societies
6. To coach participants on the principle of "Creating something worthwhile with minimum resources" so as to increase cost effectiveness of activities, encouraging clubs/Societies to generate their own resources and adopt self-reliance policy
7. To encourage understanding, communication and cooperation between participants of all races and cultures.
8. To facilitate clubs and societies in conducting activities/events
9. To empower participants through counselling, personal consultation so they can improve their skills and expertise in their areas of interest

Core Functions of Office of Student life (OSL)

Office of Student life (OSL) has been established to provide a student empowerment platform in extra-curricular activities. It is committed to shore up students associated with organizing campus events and programs which encourage diversity, demonstrate collaboration among groups and support activities that are consistent with the objective to boost up talent in different areas and to provide an organization where they can turn their unique ideas into gleaming activities endowed with creativity and innovation.

Office of Student life (OSL) has been divided into sections.

- Life @ IM&DC
- Sports
- Office of Alumni

Office of Student life (OSL) is considered to be the only department in Islamabad Medical & Dental College (IMDC) that provides dedicated advisory services to participants not only in their co-curricular as well as in extracurricular activities. The Club and Societies plays an important role in extracurricular activities. Participant's involvement in diverse clubs and societies can be one of the most enriching aspects of the university experience. In fact, clubs and societies are a wonderful place to socialize, build leadership skills, and meet people who share interests similar to others.

Student life at IM&DC

✓ Never a Dull Moment- Student Life at IM&DC

Student life at IMDC is not all about academics and study alone. We know that students need a respite from their tough study schedules. This is necessary to re-invigorate their energies and for overall holistic development of the participants. The Office of Student life (OSL) manages a wide range of clubs and societies catering for both co/extracurricular activities. All that students have to do is to choose an area of interest.

✓ **Code of Conduct for Activities/Events**

Office of Student life (OSL) has established the code of conduct all kinds of events which has to be followed by all clubs and societies while organizing the event within or outside of campus premises. The purpose is to regulate the clubs/societies in order to keep them within the margins of IMDC's values and norms so as to avoid any misconduct or unethical activity that might lend disgrace to the organization. Strict action will be taken by respective authorities if any club/society was found involved in the violation of the code of conduct.

✓ **Language/Communication**

Clubs/Societies conducting events will be abide by the use of sophisticated language during the event. Any such communication that involves the use of abusive language, slang or vague words during the performance is strictly not allowed. Moreover, unethical and nonprofessional communication is not allowed within the premises of university.

✓ **Demeanour of Executive Members**

All the Executive Members of clubs/societies will behave in professional way. Any act of violence directed at any person or property is unendurable and serious action will be taken against any such incident.

✓ **Entertainment/Performance**

IMDC Prohibits clubs/societies from conducting any such events organized within or outside the university premises which involve rock and pop music performance. Only FOLK and CULTURAL INSTRUMENTAL music may be allowed after careful scrutiny from concerned authorities subject to the situation.

✓ **Event Promotion/Advertisement**

All clubs/societies will strictly avoid the advertisement and promotion of any such material that involves the unethical content which may earn a dishonourable repute to the university. All promotional material for events will be approved by the concerned authorities before publicizing.

✓ **Finance/Sponsorship**

Any method adopted by clubs/societies for finance arrangement to conduct any event must be approved from the concerned authorities.

- Ticket/pass selling for any event is not permissible without approval from the management.
- Sponsorship budget will be collected through the approval of higher authorities in IMDC's account through established procedure either it be cash or cheque/demand draft.
- Donation collection is not allowed without approval of higher authorities and will be collected in IMDC's account.
- All the donation/sponsorship cheques will be received in the name of IMDC.

List of Societies and Clubs:

S.No #	Society/Club Name	S.No. #	Society/Club Name
1.	<u>Literary Society</u>	4.	<u>Arts Society</u>
2.	<u>Blood Donors Society</u>	5.	<u>Social Welfare Society</u>
3.	<u>Sports Society</u>	6.	<u>Hiking Club</u>



Literary Society

The Literary Society serves as a platform for participants with literary taste and writing acumen.

The club is meant to promote literary activities. It helps members to cultivate their literary tastes and sharpen their writing skills. Members are encouraged to write on a wide variety of topics.



Blood Donor Society

Blood donation is one of the most significant contributions by the human being. Which person contributes the blood for donation, they make the huge respect towards the society. The blood donation does not become harmful for the adult people.

Blood donation is the big contribution in the whole life of people.

After the blood donation, the people can regenerate the blood again within the few days. It poses no threats to the metabolism of the body.

IMDC Blood Donor Society helps in securing timely blood donations in emergencies as well as in routine requirements.

IMDC Blood Donor Society has a team of highly motivated students, who maintain a complete data bank of donors that include volunteers amongst the students, faculty, staff and other people outside IMDC.



Sports at IMDC

Sports activities organized by the IMDC Sports Zone include cricket, football, table tennis, badminton, volleyball, lawn tennis, squash and chess. It also has Girls' Sports Wing that promotes sports and indoor and outdoor activities for female participants.

Win Dice, Play Nice”

IMDC Sports Zone comprises of different sports clubs each having a team of brilliant players in it. The Clubs include:

- **Cricket Team-**
- **Football Club-**
- **Badminton Club-**
- **Table Tennis Club-**
- **Athletics Club-**
 - ✓ Tug of war
 - ✓ Race 100m, 50m
 - ✓ High jump
 - ✓ Sack Race
 - ✓ Rally Race
- **Volleyball Club-**



Arts Society

The Arts Society works mainly to cultivate, channel and nurture the artistic potential of the participants. It encourages them to come up with original artistic contributions and provides them avenues to enhance and polish their creative talent.

'The belief that the arts have the potential to enrich peoples' lives is at the heart of everything that we do'



Social Welfare Society

Instil Hope, Inspire Action

The society organizes fund-raising campaigns or blood donation drives for humanitarian social causes and charity purposes to help the deprived and under-privileged people. The members learn to live and sacrifice for others for the good of the society. The vision entails the maximum positive input they can bring being the responsible members of community.



Hiking Club

Every year IMDC organise annual hiking for their students to facilitate the development of various domains of mind and personality.

Hiking program is not just for the students but faculty members also take part actively.